



THE ALBANY HIGH SCHOOL WRESTLING PROGRAM  
IS PLEASED TO ANNOUNCE  
A SIX-WEEK JUNIOR WRESTLING PROGRAM

This introductory program is for boys and girls in grades 4-6 in the City School District of Albany.

Classes will begin February 28 and will be held at Albany High School in the Wrestling Room from 10 a.m. to noon each Saturday for six weeks.

The Albany High wrestling staff, with the assistance of some of our current wrestlers, will teach the basics of wrestling and conditioning, and share the love and fun of the sport.

Return sign up sheet to Coach Michael Karp at Albany High, North House. For questions, call Coach Karp @ 331-3663.

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SIGN-UP SHEET

Name\_\_\_\_\_ Grade\_\_\_\_\_

School\_\_\_\_\_ Phone\_\_\_\_\_

Parent Name\_\_\_\_\_ Signature\_\_\_\_\_